

Sadness



LOVE

Chakra 1



Mature Root  
Feeling for Sense  
of Belonging

Anger



BOUNDARIES

Chakra 1



Mature Root  
Feeling for Sense  
of Belonging

Fear



SAFETY

Chakra 1



Mature Root  
Feeling for Sense  
of Belonging

Excess joy



PEACE

Chakra 1



Mature Root  
Feeling for Sense  
of Belonging

Anxiety of surprise



HOPE

Chakra 1



Mature Root  
Feeling for Sense  
of Belonging

Not worthy



I AM WORTHY

Chakra 2



Create One's Self  
Turning Soul Wounds  
into Soul Truths

No power



I AM POWERFUL

Chakra 2



Create One's Self  
Turning Soul Wounds  
into Soul Truths

No value



I HAVE VALUE

Chakra 2



Create One's Self  
Turning Soul Wounds  
into Soul Truths

I am bad



I AM GOOD

Chakra 2



Create One's Self  
Turning Soul Wounds  
into Soul Truths

PAST



APPLY LEARNING

Chakra 3



Locate Core  
Wounds to  
Achieve Power

PRESENT



ACCEPTANCE

Chakra 3



Locate Core  
Wounds to  
Achieve Power

FUTURE



LIVE in the NOW

Chakra 3



Locate Core  
Wounds to  
Achieve Power

Deprived of love



NURTURED

Chakra 4



Heart Mending  
for Compassion  
& Love

Protective of love



TRUSTING

Chakra 4



Heart Mending  
for Compassion  
& Love

Closed to love



OPEN

Chakra 4



Heart Mending  
for Compassion  
& Love

Truth denial



PERMISSION

Chakra 5



Hear, See &  
Express  
Your Truth

Uncertain truth



CONFIDENT

Chakra 5



Hear, See &  
Express  
Your Truth

Truth disapproval



ACKNOWLEDGED

Chakra 5



Hear, See &  
Express  
Your Truth

Prohibited intuition



FREE

Chakra 6



Soul Healing  
Wisdom for  
Clarity

Abandoned intuition



FOUND

Chakra 6



Soul Healing  
Wisdom for  
Clarity

Suppressed intuition



ENCOURAGED

Chakra 6



Soul Healing  
Wisdom for  
Clarity

General overload



TRUST INNER SELF

Chakra 7



ALL  
IS  
ONE

Failure concern



NEW BEGINNING

Chakra 7



ALL  
IS  
ONE

Survival distress



ALL WORKS OUT

Chakra 7



ALL  
IS  
ONE

